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Nicholas A. Wessling, M.D. Joins Medical Team at NY Orthopedics

New York, N.Y.- Stephen J. Nicholas, M.D., founder and President of NY Orthopedics, (www.newyorkorthopedics.com) has announced that Nicholas A. Wessling, M.D. has joined the organization's highly skilled team of physicians. Dr. Wessling is a fellowship trained orthopedic surgeon who specializes in sports medicine and foot and ankle surgery, with a concentration in total ankle replacement, sports injuries of the foot and ankle, and bunion correction.

"Dr. Wessling is a great addition to our team of physicians at NY Orthopedics," commented Dr. Nicholas. "His expertise in the treatment of both orthopedic and sports injuries and his specialization in foot and ankle surgery brings a distinct capability to our practice that will be of benefit to our patients."

Dr. Wessling received his medical degree from University of Kansas School of Medicine before completing his residency training in orthopedic surgery at Columbia University's St. Luke's-Roosevelt Hospital Center in New York City. His residency included orthopedic training at Memorial Sloan Kettering Cancer Center in New York and Alfred I. duPont Hospital for Children in Delaware.

Following his residency, Dr. Wessling completed a foot and ankle fellowship at Miami Ankle Foot International Associates at Doctors Hospital in Miami, FL, followed by a sports medicine fellowship at Lenox Hill Hospital in New York City. During his training, Dr. Wessling participated in the care of athletes from the New York Jets, New York Islanders, Miami Dolphins, Manhattanville College and Hunter College.

About NY Orthopedics:

NY Orthopedics is a premier orthopedic practice of top fellowship-trained physicians offering the latest nonsurgical and surgical treatment options for the full spectrum of orthopedic sub-specialties — sports medicine and total joint replacement and spine, foot and ankle, hand and upper extremities, hip and knee, and non-operative care of spine conditions, sports injuries, and general musculoskeletal disorders.

NY Orthopedics, founded by Dr. Stephen J. Nicholas, was built on a tradition of excellence in sports medicine set forth by his father, James A. Nicholas, M.D., who changed the method in which sports injuries are treated today, and is widely regarded as the modern day father of the field of sports medicine. He was perhaps best known for his career-saving knee operations on New York Jets quarterback Joe Namath, and for serving as a team physician for the New York sports teams including the Jets, Rangers, Cosmos, Islanders and Yankees.

In the 1970s, Dr. Nicholas founded an institute dedicated to the study of sports medicine and trauma at Lenox Hill Hospital, the first hospital-based facility in the country that was devoted to this field, known today as the Nicholas Institute of Sports Medicine and Athletic Trauma (NISMAT) (www.NISMAT.ORG).

NY Orthopedics offers a full spectrum of orthopedic services at state-of-the-art facilities located in New York City, Long Island, Westchester, Staten Island and Queens. For further information, call 212.737.3301 or visit www.newyorkorthopedics.com.