

FLUSHING HOSPITAL MEDICAL CENTER WELCOMES TWO NEW ORTHOPEDIC SURGEONS

Flushing, N.Y. - Flushing Hospital Medical Center (www.flushinghospital.org) is pleased to announce the addition of two orthopedic surgeons to its medical staff—Drs. George Ackerman and Teo Mendez of Manhattan-based New York Orthopedics (www.nyorthodoc.com).

“The addition of both Dr. Ackerman and Dr. Mendez to our surgical team expands our services and surgical expertise to the community,” comments Flushing’s CEO, Robert Levine. “This will allow us to continue to meet the needs of our growing patient population as the demographics and culture in our service area evolve.”

George Ackerman, MD is a fellowship-trained orthopedic surgeon who specializes in sports medicine and arthroscopic surgery as well as the treatment of general orthopedic injuries and trauma. He received his medical degree from New York Medical College, and completed his residency training in orthopedic surgery at Columbia University’s St. Luke’s-Roosevelt Hospital Center in New York City. He later completed a sports medicine fellowship at Lenox Hill Hospital in New York City, where he participated in the care of athletes from the New York Jets, New York Islanders and Hunter College.

Teo Mendez, MD is a fellowship-trained orthopedic surgeon, specializing in operative and non-operative management of sports-related injuries, musculoskeletal injuries and minimally invasive surgical procedures including hip arthroscopy. Dr. Mendez graduated from the University of Virginia and received his medical degree from Emory University School of Medicine, then became a resident at the University of Miami at Jackson Memorial Hospital, and later completed the prestigious sports medicine fellowship at Lenox Hill Hospital. While there he concentrated on minimally invasive and advanced arthroscopic techniques for the treatment of sports-related injuries, and participated in the care of athletes from the New York Jets, New York Islanders, Manhattanville

College, Hunter College, and various New York City high school teams.

“It was an inspiring experience to be involved in the fellowship training of both Doctor Ackerman and Doctor Mendez, and we are proud to have them on the team at New York Orthopedics,” commented Stephen J. Nicholas, MD, Founder and Director of New York Orthopedics. “They are not only dedicated but they are exceptionally qualified and talented orthopedic surgeons, and together they will enhance the already stellar treatment and services patients receive at Flushing Medical Center.”

Doctors Ackerman and Mendez are currently seeing patients on site at Flushing Hospital Medical Center, 4500 Parsons Boulevard, Flushing, Monday through Thursday.

About Flushing Medical Center: Founded in 1884, Flushing Hospital Medical Center is a 293 bed, not-for-profit teaching hospital that offers a full array of primary and specialty health care services to the Queens community including a recently renovated emergency department and a state of the art labor, delivery and recovery department.

About New York Orthopedics: New York Orthopedics is a premier orthopedic practice of top fellowship-trained physicians offering the latest nonsurgical and surgical treatment options for the full spectrum of orthopedic sub-specialties — sports medicine and total joint replacement and spine, foot and ankle, hand and upper extremities, hip and knee, and non-operative care of spine conditions, sports injuries, and general musculoskeletal disorders.

New York Orthopedics was founded by Dr. Stephen J. Nicholas. The organization was built on a tradition of excellence in sports medicine set forth by his father, James A. Nicholas, MD, who changed the method in which sports injuries are treated today, and is widely regarded as the modern day father of the field of sports medicine. He was perhaps best known for his career-saving knee operations on New York Jets quarterback Joe Namath, and for serving as a team physician for the New York Jets, Rangers, Cosmos, Islanders and Yankees.

In the 1970s, Dr. Nicholas founded an institute dedicated to the study of sports medicine and trauma at Lenox Hill Hospital, the first hospital-based facility in the country that was devoted to this field, known today as the Nicholas Institute of Sports Medicine and Athletic Trauma (NISMAT) (www.NISMAT.ORG).

New York Orthopedics offers a full spectrum of orthopedic services at state-of-the-art facilities located in New York City, Long Island, Westchester, Staten Island and Queens. For further information, call 212.737.3301 or visit www.nyorthodoc.com.